



April 14, 2020

Dear Expectant Parent,

The Governor Juan F. Luis Hospital & Medical Center (“JFL”) would like to take this opportunity to update you about maternity care during the coronavirus (COVID-19) pandemic, and assure you that our dedicated team of expert nurses, physicians and midwives are committed to providing the safest and most effective care.

We know this experience may not be what you anticipated. We are, however, taking every precaution to ensure that both our staff and patients are protected. While much is still being learned about COVID-19, the health and safety of our pregnant patients is and has always been our top priority. Every birth is unique and we will continue to ensure a safe environment for the most important moments in a mother’s life.

At this time, our policy is to allow one (1) named visitor to be present for your birth, provided that they meet the hospital’s health screening requirements. However, it’s important that you stay in close contact with your OB as JFL’s policies may change due to unforeseen circumstances. Before you arrive at the hospital, we want to make you aware of a few additional precautionary steps we are taking at this time. We have a number of screening questions in place for all patients and visitors before entering the building. Again, this is precautionary and helps maintain the safety of all involved, and limits the spread of any potential infectious illnesses.

Here are the questions you may be asked:

- Does the Patient/Visitor have a fever or signs/symptoms of lower respiratory illness, for example a cough or shortness of breath?
- Has the Patient/Visitor had close contact with a laboratory confirmed COVID-19 patient within 14 days?
- Has the Patient/Visitor traveled recently?

The Patient/Visitor will then have their temperature taken by JFL staff. Our staff members are dedicated to keeping you safe. All of our staff members have been trained on hand hygiene and other infection control measures.

To protect yourself and our staff, it’s imperative that you follow the latest government advice about social/physical distancing; stay away from public places and avoid anyone who has symptoms suggestive of COVID-19. Please continue to refer to the current guidance on infection

prevention for yourself and your household; direction from the Centers for Disease Control and Prevention (CDC) in regard to pregnancy and breastfeeding can be found here.

We ask patients and their named visitor to be particularly vigilant with respect to social distancing in the 14 days prior to admission. No children or additional visitors will be permitted, however, we do encourage the use of technology (i.e. FaceTime, WhatsApp, etc.) to remain connected with supportive family and friends.

Any mother with a confirmed COVID-19 case or who is experiencing symptoms will be supported in taking all the possible precautions to avoid spreading the virus to her infant, including, support as to how to start or continue breastfeeding in coordination with healthcare providers.

For those who have or are suspected to have COVID-19, we have created policies and procedures to help ensure that those who have remained unaffected are kept safe and well.

Rest assured that we have robust procedures in place to help prevent the spread of COVID-19 within our hospital and in the community.

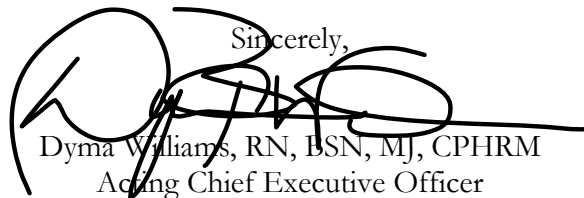
***What to do when you go into labor***

If you think your labor has started, or if you need to go to the hospital due to an emergency or concern about the baby, know that the JFL Team will be here to support you.

We remain focused on providing you with outstanding care, and we have dedicated staff working hard to ensure you have a healthy and positive pregnancy and birth. Our first priority is providing you with safe and effective care, and we are committed to partnering with you in our efforts to care for you and your baby during this time.

With your help, JFL is working to protect you and your family through preparation. We will continue to go above and beyond to help you get the most out of this experience while adhering to the guidelines set in place to keep you and your baby safe and healthy.

Sincerely,



Dyma Williams, RN, BSN, MJ, CPHRM  
Acting Chief Executive Officer